

Living and working in Sweden EURES Estonia 10.4 2025

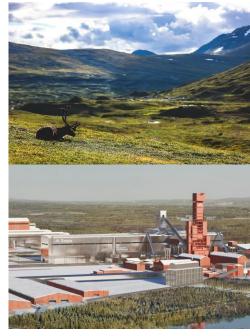


Green investments in Northern Sweden -Lots of job opportunities!

- 140 billion EURO in green industrial investments
- Why Northern Sweden?
- 50.000 new jobs in all sectors!

Low unemployment









Labour shortages in all sectors

- Construction workers
- Concrete workers
- Painters
- Scaffold builders
- Plumbers
- Biomedical Analysts
- Nurses
- Specialist nurses
- Assistant nurses
- Doctors
- Specialist doctors
- Dentists
- Dental hygienists

- IT security specialists
- Software and system developers
- Network and systems engineers
- Civil engineers and engineers
- Car and sheet metal worker
- Industrial painters
- Machine operators
- Car mechanics
- Bus and truck mechanics
- Industrial electricians
- Installation and service electricians
- Service technicians
- Maintenance mechanics and machine repairers

- Preschool teachers
- Elementary school teachers
- High school teachers
- Chefs
- Waiters
- Bus drivers
- Truck drivers
- Taxi drivers
- And more..





More information?

arbetsformedlingen.se/northernsweden

northernsweden@arbetsformedlingen.se

Upload your CV for matchning service









Finding a job

Swedish Public Employment Service - Arbetsförmedlingen

EURES portal with jobs, information CV service and chat

Recruitment companies: use google with the words: "bemanningsföretag Sverige" to find recruitment companies

Social media: LinkedIn, Facebook groups etc.

The English newspaper The Local www.thelocal.se

Turn directly to the employer you wish to work for

UHR/The Swedish Council for Higher Education – foreign qualifications and regulated professions, <u>www.uhr.se</u>

Follow EURES Arbetsförmedlingen On LinkedIn





Job application

Send your CV and a personal letter You can use the CV-format Europass (not very common in Sweden) Limit your CV to max two A4 pages Cover letter preferably one page Do not send certificates or references, can be sent later if requested Turn directly to the employer you wish to work for. Open applications are common and appreciated by employers

Applying for a job in Sweden | sweden.se

Arbetsförmedlingen Play, webinars in English



Arbetsförmedlingen services

https://arbetsformedlingen.se/other-languages/english-engelska

• Equality and discrimination

Equality in Sweden, protection against discrimination.

<u>Rights and obligations</u>

Rights and obligations at your place of work and in relation to your employer.

Pay and benefits

Tips on how to negotiate pay, benefits offered by your employer.

• Forms of employment

Different forms of employment, running one's own company.

• Sweden's social security system

Economic security regardless of age and life situation.



• <u>Unemployed – what happens now?</u>

- Registration, planning meeting, unemployment insurance. What you need to know.
- Additional support
- Labor market training , internship, disability support, A-Z.
- Find your new job
- The Job Bank, create a profile, start your own business. Different ways to find the right job.
- <u>CV, application, interview</u>
- Tips for when applying for a job. Validate your grades and certificates.
- Occupations and the future
- Occupations, future prospects, education, Interest Guide make smart career choices.
- Education and studies
- Train for a job. Student finance and educational paths.
- Working in Sweden
- Rights, obligations, wages and benefits how does it work?

RegisterThe Job Bank (in Swedish)Report activitiesReport absence due to illnessMy pages (Mina sidor)Prepare and matchLabour market trainingDeregisterFAQ (in Swedish)



Shortages and surpluses Forecast (in Swedish)

Shortages

- Teachers and Pre-school teachers
- Veterinarians
- Doctors and specialist Nurses
- Dentists
- Qualified IT staff
- > Engineers
- Electricians
- Chefs
- Car-mechanics
- Truck-/Bus drivers

Surpluses

- Culture & design
- Media and journalism
- Shop assistants
- Administrators and receptionists
- Librarians
- Biologists
- Human Resources
- Janitors & cleaners (without vocational education)
- > Architects



Seasonal jobs in Sweden/Autumn

ARBETSFÖRMEDLINGEN



Starta karriären med säsongsjobb i fjällen Språk: Svenska Långd: 14 minuter 48 sekunder Publicerades 22 augusti 2024

Redo att byta vardagen mot ett vintrigt äventyr? Prova att säsongsjobba i fjällen! Med såsongsjobb får du en chans att växa, både personligt och professionellt. Jobba med allt från skiduthyrning till reception, och du kommer garanterat att få vänner för livet.



- Short and structured CV where previous experience and training is stated
- First point of contact should be via email or other recruiting tool
- If you have no previous experience, drop a line why you are interested in that particular job

https://www.gronajobb.se/



EURES Northern Sweden





SWEDISH DAY 2025 20th of November

Both during daytime and in the evening Employer presentations



Working conditions in Sweden

Collective agreements between trade unions and employer organisations Full time, 40 hours per week Type of contracts: temporary or permanent Vacation: 25 days per year Salary: no national minimum salary Municipal tax between 29-35 % Average wage 2024 38300 SEK/month gross Statistics Sweden





Work place culture and Swedes

Flat organisations Teamwork and consensus –tend to avoid conflict "Du" – first name basis – informality! Gender equality Strong and active trade unions Coffee and coffee breaks

Shoes off indoors (in people's homes) Light summer nights and dark winters







Language skills

Most jobs require fluency in Swedish but there are exceptions e.g. IT, engineering, hospitality sector.

SFI Svenska för invandrare/Swedish for Immigrants by the municipality of residency <u>https://swedish-for-all.se/</u>

Svenska / Swedish Online – Folkuniversitetet

https://si.se/sa-arbetar-vi/svenskan-ivarlden/universitet-med-svenskstudier/ (list of international universities providing Swedish language courses)









EURES Targeted Mobility Scheme

- Targeted Mobility Scheme (TMS), previously Your first EURES Job, is an EU mobility scheme with the aim to increase mobility of workers and match those to employers with shortages in EU.
- Target groups are jobseekers aged 18 or older and employers from an EU country, Norway or Iceland.
- <u>EURES Targeted Mobility Scheme Arbetsförmedlingen</u> (arbetsformedlingen.se)



EURES Targeted Mobility Scheme (TMS) Sweden - can make it easier for you to move and work in EU!



How to take part?

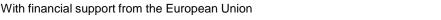
- 1. Contact a EURES Adviser, preferably in your home country
- 2. Receive mobility support services from a EURES Adviser

Financial supports you can apply for:

- Interview
- Relocation & Family
- Language course
- Recognition of qualifications

www.euresmobility.se







Useful links to other authorities

- <u>www.skatteverket.se</u> Taxes, population register
- www.forsakringskassan.se Social insurance
- <u>https://bransch.trafikverket.se/en/startpage/</u> Driving licenses
- <u>www.tullverket.se/</u> Swedish Customs
- <u>www.av.se</u> The Swedish Work Environment Authority
- www.sverigesakassor.se/unemployment-benefits-in-sweden/
- <u>https://polisen.se/en/</u> Swedish Police
- <u>www.1177.se/en/other-languages/other-languages/</u> <u>https://sweden.se/life/society/healthcare-in-sweden</u>





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